

January 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Acts of Kindness in January: One act of kindness can change someone's entire day</p>	<p>1 New Year's Day Office Closed No Cleaning Staff Phone an old friend</p>	<p>2 8:45 Shuffleboard 9:30 CO OP Shop 2:15 Bible Study 2:30 Reading Corner Be positive</p>	<p>3 8:30 Newspaper 9:00 Woodworking 10:30 Yoga 1:00 Creative Activities 2:30 Music with Donna Let someone go in front of you</p>	<p>4 Elly's Footcare 9:00 Reading Corner 9:00 Woodworking 10:30 Exercise 1:00 Scrabble 2:30 Horse Racing 6:00 Cowboy Church Be patient</p>	<p>5 Hair Day 8:45 Shuffleboard 1:00 Paint Class Shake someone's hand</p>	<p>6 Last Day of "Twelve Days of Christmas" 10:30 Christmas Communion with Pastor Chris 1:30 Bingo- Jasmine Smile at someone</p>
<p>7 2:30 Cowboy Church 6:30 Movie Night Wish someone a Happy Sunday</p>	<p>8 10:30 Exercise 1:15 Bible Chatter 2:30 Penny Game 6:30 Bingo- Paula Ask someone if they need help</p>	<p>9 8:45 Shuffleboard 9:30 CO OP Shop 2:15 Bible Study 2:30 Reading Corner 7:00 Birthday Party Relay an overheard compliment</p>	<p>10 8:30 Newspaper 9:00 Woodworking 10:30 Yoga 11:00 Catholic Mass 1:00 Creative Activities 2:30 Music with Nancy Be encouraging</p>	<p>11 Elly's Footcare 9:00 Reading Corner 9:00 Woodworking 10:30 Kids in the Rockies 1:00 Scrabble 2:30 Horse Racing 6:00 Cowboy Church Share your smiles</p>	<p>12 Hair Day 8:45 Shuffleboard 1:00 Paint Class 7:00 Frayn and friends Offer someone a candy</p>	<p>13 Say "Bless You" when someone sneezes</p>
<p>14 12:30 Rocky South 4-H Beef club- Games 2:30 Anglican/Lutheran Church 6:30 Movie Night Shake someone's hand</p>	<p>15 10:30 Exercise 1:15 Bible Chatter 2:30 Card Bingo 6:30 Bingo- Alice Talk to someone new today</p>	<p>16 8:45 Shuffleboard 9:30 CO OP Shop 2:15 Bible Study 2:30 Reading Corner Say thank you</p>	<p>17 8:30 Newspaper 9:00 Woodworking 10:30 Yoga 1:00 Creative Activities 2:30 Music with Donna Cut someone some slack</p>	<p>18 Elly's Footcare 9:00 Reading Corner 9:00 Woodworking 10:30 Exercise 1:00 Scrabble 2:30 Horse Racing 6:00 Cowboy Church Be empathetic</p>	<p>19 Hair Day 8:45 Shuffleboard 1:00 Paint Class 7:00 Wolf Pack Give someone a book you think they might like</p>	<p>20 1:30 Bingo- Jasmine Give someone a hug</p>
<p>21 2:30 Church of God of Prophecy 6:30 Movie Night Forgive someone</p>	<p>22 10:30 Exercise 1:15 Bible Chatter 2:30 Video Clips from Scotland 6:30 Bingo-Paula  Say good morning to someone new</p>	<p>23 8:45 Shuffleboard 9:30 CO OP Shop 2:15 Bible Study 2:30 Reading Corner Really listen to someone</p>	<p>24 8:30 Newspaper 9:00 Woodworking 10:30 Yoga 1:00 Coffee at Good Sam Be grateful for someone- tell them</p>	<p>25 9:00 Reading Corner 9:00 Woodworking 10:30 Exercise 1:30 Robbie burns Day-Music 2:00 Barber 2:30 Horse Racing 6:00 Cowboy Church Be patient</p>	<p>26 Hair Day 8:45 Shuffleboard 1:00 Paint Class Give someone the benefit of the doubt</p>	<p>27 Compliment someone in front of others</p>
<p>28 2:30 Immanuel Lutheran Church 6:30 Movie Night Tell someone that you appreciate them</p>	<p>29 10:30 Exercise 1:15 Bible Chatter 2:30 Game of 10,000 6:30 Bingo- Alice Play a card game with someone</p>	<p>30 8:45 Shuffleboard 9:30 CO OP Shop 2:15 Bible Study 2:30 Reading Corner Give out a compliment</p>	<p>31 8:30 Newspaper 9:00 Woodworking 10:30 Yoga 11:45 Dinner Club 1:00 Creative Activities Help others find the positive</p>	<p>Moon Phases: January 2: Full moon January 8: Last quarter January 17: New moon January 24: First quarter January 31: Full Moon-known as Blue Moon</p>		<p>Please be encouraged to do random acts of kindness</p>